

NoMad has been created by a majority neurodivergent team and making NoMad accessible to as many people as possible is important to us.

This document intends to communicate the access provision available for NoMad at Arcola Outside, October 2021. It covers

- The venue
- The show
- Captions
- Touch tours

We would welcome feedback on this document which can be provided [here](#).

The venue

Arcola Outside is located approximately 60m from the main Arcola building on Ashwin Street. Access information for both venues can be found on Arcola's website www.arcolatheatre.com/visit/access.

A video showing the interior of the auditorium is available to watch here <https://www.arcolatheatre.com/outside/>. Please note that the video is not captioned.

Arcola Outside is on street level but toilet facilities are located within the main Arcola venue. They are under 100 metres away from the venue and require a lift to access. There is a wheelchair accessible toilet.

The space is outdoors and some natural sunlight will come into the space. The audience will not be in complete darkness.

There may be loud noises that can be heard inside the auditorium from outside. This could include emergency sirens, loud vehicle engines, car alarms, car horns, and people shouting on the street.

Unfortunately there is no dedicated chill-out room on site. Audience members who want or need to leave at any point during the show are welcome to come back in when they are ready. We encourage audience members to make use of the companion ticket scheme if they feel they may require support before, during or after the show.

The show

There are no strobe lights or extremely bright lights in the show. There are flickering lights in the show. We can give more detailed information of when this will happen. Please email nomadbynellhardy@gmail.com and request this if it would be helpful. We will be able to provide this information on the day of the performance (after a technical rehearsal) via email.

There are no sudden loud noises in the piece. There is shouting in the piece. We can give more detailed information of when this will happen. Please email nomadbynellhardy@gmail.com and request this if it would be helpful. We will be able to provide this information on the day of the performance (after a technical rehearsal) via email.

The performer makes eye contact with the audience throughout the show. This will primarily impact audience members in the first few rows of seating.

Captions

Performances will be captioned. The captions will run on two television screens at either side of the stage.



If you would like advice on where to sit to get the best view of the captions, please contact the Box Office (boxoffice@arcolatheatre.com or call 0207 503 1646) who will be happy to advise.

Touch tours

If you are interested in a touch tour, please contact the Arcola Access team on access@arcolatheatre.com. Touch tours will be led by a member of the creative team and will be tailored to the audience member. They will happen at a mutually convenient time in advance of the performance, likely during the afternoon or early evening of 7 October. We would recommend booking for the performance on 7 October if possible, as we will be unable to facilitate touch tours on 6 October. Please get in touch as soon as possible if you're interested in a touch tour so we can book a slot in.

NoMad deals with material that may be emotionally triggering or upsetting for some people. This includes mentions of homelessness, rough sleeping,

domestic abuse, dissociation, restrictive eating/drinking, and attempted suicide. We understand that triggers are personal, and we want audience members to feel safe. If you would like to have a conversation about potential triggers or have any questions about the script, please get in touch with the creative team via email nomadbynellhardy@gmail.com.

We welcome audience members to respond to the work in whatever way feels comfortable and necessary. Involuntary movements, noise, stimming, or self-soothing are normal. We ask audience members to be mindful of one another and what a person may need to be comfortable to enjoy the show.

Due to staff numbers, we will be unable to individually support someone if they are triggered, upset, or finding it difficult. We would strongly encourage audience members to make use of Arcola's companion ticket scheme to ensure they have support available at the performance in case they need it. Companion tickets can be booked online like any other ticket, and a video showing the steps in the booking process can be found here www.arcolatheatre.com/visit/access.